OOFING BAKING K Store in the freezer or proof 8

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immediately for 2 hours at 27°C.

Brush with a mixture of egg yolks, milk and cream.



Preheat the convection oven to 190°C. Bake the croissants at 170°C for approximately 17 minutes and the "pains au chocolat" for 18 minutes.

July 2024

art Studio -

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F&D FOODSERVICE - RCS Versailles 389 330 739 - © Photos: CLEO Productions,

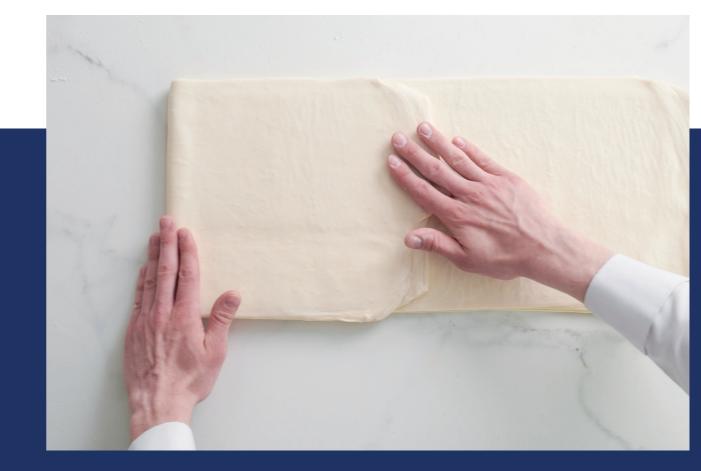
SAVENCIA



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YEASTED LAMINATED DOUGH

Croissants & pains au chocolat



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TUTORIAL -

YEASTED LAMINATED DOUGH Croissants & pains au chocolat

35 g salt

230 g sugar 75 g yeast





960 g T55 flour 190 g Corman Traditional Butter 960 g T45 flour

- 990 g milk
 - 1 kg Corman Dairy Butter Sheet 82% M.F. (see all the turning butters at the back)





INGREDIENTS

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LAMINATIN

Combine the flour, salt, sugar, butter, yeast, and milk in the bowl of a stand mixer.



Knead on speed 1 for 5 minutes, then on speed 2 for 8 minutes.

Shape the détrempe into a ball and



Check the temperature of the dough, which should be between 24 and 25°C.



Punch down, roll into a rectangle, and refrigerate overnight.



Fold the détrempe over the butter letting it protrude 0.5 to 1 cm so the butter is distributed evenly.



Give the dough a double turn by folding the ends towards the center.



Fold the whole in half to finish the double turn. Give the dough another quarter turn.



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AMINATIN

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SHAPING

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Let rest at 4°C for 30 minutes. Give the dough another quarter turn.

Make another incision.



Turn the dough parcel over then roll to a thickness of 3 mm.



Cut the edges of the dough to have regular products.



Lightly press the tip of the triangle to close the croissants.



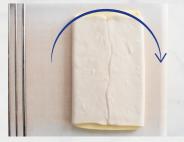
by 9 cm wide.







Remove the butter sheet from the refrigerator 15 minutes before using.



Make an incision on each side and give the dough a quarter turn.



let rise for one hour.

Lightly flour before laminating. The firm yet pliable texture of Corman butter facilitates lamination.







Roll.



Make another incision and roll.



Give the dough a single turn by folding it in three.

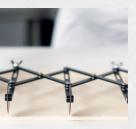




Place a second rolled-out piece of détrempe on top of the folded dough and press together.



To make croissants, cut the dough into triangle measuring 30 cm long



To make "pains au chocolat", cut the dough into 18 cm wide strips and then into 8.5 cm rectangles.



Roll up the triangles starting from the base.



Roll the dough up around two sticks of chocolate, ensuring that the seam is underneath.

